



LEGACY YEN TU MALLERY HIDDEN GEM

Located in Uong Bi City, Legacy Yen Tu is about a 3 hour drive east of Hanoi towards the coast and about a 1 hour drive from Ha Long Bay.

Legacy Yen Tu is surrounded by the green of Yen Tu Mountain which is also known as the cradle of Truc Lam Zen Buddhism in Vietnam, inheriting the rich culture and historical spirit since Tran's dynasty. The story goes that King Trần Nhân Tông renounced his throne to pursue a life of Zen practice at Yên Tử and later founded the Trúc Lâm Zen tradition.

The legacy of King Trần Nhân Tông, as both emperor and spiritual leader, is the inspiration for the philosophy of wellness and cultural immersion at Legacy Yen Tu.

Inspired by ancient building methods and 13th-century Vietnamese architecture, Legacy Yên Tử is a strong, yet humble testament to Vietnam's past. Officially opening its doors in 2018 after almost a decade of research and development, Legacy Yen Tu MGallery commissioned world-renowned architect Bill Bensley to design the property, drawing inspiration from 13th-century Tran Dynasty palaces and the Truc Lam Zen heritage.

The result is a conception where every corner of the hotel appears as a living museum, celebrating Vietnam's cultural and spiritual heritage while offering guests an authentic journey of mindfulness and renewal. The property also features handcrafted materials and construction methods used by nearby villagers for centuries.



Am Tue Tinh Wellness Centre specialises in herbal baths, treatments, and wellness consulting. The aim is to harmonise body, mind, and soul into total wellness.



Am Tue Tinh Wellness Centre

Inspired by the great physician Tue Tinh’s motto: “local herbs for local uses”, Am Tue Tinh uses traditional medicine plants that are locally cultivated for their vitality-boosting therapies.

Tue Tinh was a Vietnamese Buddhist monk, physician, and writer, known for traditional remedies using various herbs, and *Am* means a peaceful place for self-reflection and enhancement. Put together these two components represent the Am Tue Tinh pursuit to exceed conventional physical strength and beauty, and seek comprehensive wellness in body, mind and soul.

Legend has it that a famous Taoist under Qin Shi Huang in China, went to Yen Tu peak to find medicinal plants to refine alchemy. The story of King Tran Nhan Tong, who practised meditation on Yen Tu mountain and built Am Duoc, Am Thung, and Am Hoa, is that it is a sacred place to prepare medicine for the people.

Am Tue Tinh offers its guests authentic treatment experiences revolving around three key pillars:

- Tue Tinh physical wellness practices
- Meditation as a life-nourishing method
- A royal standard of therapy rituals

Community and Culture

Living in the surrounding areas for generations, the local people are happy to invite outsiders in to experience their culture and day-to-day lives. Nuong Village offers captivating activities and experiences, from a morning yoga class in the midst of the national forest, a cable car journey and trekking tour to discover the iconic peaks, to craft workshops such as Dong Ho folk painting and decorating bamboo masks. Every material and detail in the village has been chosen to connect you with the rich history and culture of Northern Vietnam.